



Balsamic Mushrooms 8.90
 Bara Bakehouse tin loaf with basil & walnut cream cheese, dry-cured bacon, roasted balsamic mushrooms, cherry tomatoes, spinach, and crushed walnuts **(v available)**
 +Add egg, smoked salmon or sausage, see little additions

Seasonal Curry (NEW)

Choose either:

Tandoori marinated Chicken 10.40
 Or

Spiced Chickpeas & Sweet Potato (v) 8.90
 Both served in a homemade mild Rogan Josh style curry sauce on a bed of aromatic, turmeric infused braised rice with garlic brushed flat bread
 +Add halloumi, egg or chorizo, see little additions

White eggs on toast 7.50
 Poached eggs with creamy white sauce served on Bara Bakehouse tin loaf
(v) (gf available)
 +Add bacon, smoked salmon or sausage, see little additions

Green eggs on toast 6.00
 Poached eggs on sourdough with green sauce **(v) (gf available)**
 +Add bacon, smoked salmon or sausage, see little additions

Honey & Spiced Granola 5.00
 Homemade honey & spiced granola with natural yoghurt and blackberry compote, topped with fresh berries, nuts & seeds **(v)**
Granola + any espresso-based drink for £7.00

+Little Additions+

Toasted sourdough	2.00
Raspberry jam	0.50
Peanut butter	0.50
Poached egg	1.00
Dry-cured bacon x2	2.00
Halloumi x2	2.00
Toulouse sausage	3.00
Smoked salmon	3.50

Big Pocket Fry 12.00
 Poached eggs, dry cured bacon and Toulouse sausage, served with sourdough, Bara Bakehouse tin loaf, spicy tomato beans, creamy soy mushrooms & roasted tomato
 +Add smoked salmon, see little additions

Pineapple & Coconut French Toast (NEW) 8.90
 Coconut & vanilla French Toast with sweet lime mascarpone, glazed pineapple, shortbread crumb, roasted hazelnuts drizzled with basil syrup
 +Add bacon, see little additions

Seasonal Soup (vg) – ask for details 5.00
 Served with toasted sourdough

Kids Menu

Kids under 16 only

Adults, please don't ask as refusal may offend ☺

Mini French Toast 4.50
 Coconut & vanilla French Toast with sweet lime mascarpone, glazed pineapple, shortbread crumb, roasted hazelnuts drizzled with basil syrup

Mini Pocket Fry 4.50
 Tin loaf, poached egg, bacon & sausage

Babyccino 1.50

+Mini Additions+

Half portions available for all additions except the poached egg, even we can't do that!

THE POCKET FLAT IRON NOW OPEN!

Nestled down a little side street in Belfast's city center, we have a gorgeous new Pocket café housed in the stunning Flat Iron Building, think bigger, city slicker vibes but with all our Pocket charm and character, it may just be your new favourite place to be... see you soon!

68 Upper Church Lane (beside Bittles Bar at Victoria Square)
 Instagram: @thepocket_flatiron

We make as much as we can from scratch, from our cakes to our sauces to our jam.

We use seasonal & locally sourced produce.

Non-gluten containing (gf), vegetarian (v) & vegan (vg) options available on request.

Please let the team know of any food allergies when ordering.

Food served from Mon to Fri: 8am – 3pm ~ Sat: 9am to 4pm ~ Sun: 9am – 3pm



Coffee On Bar

Choose your origin. Ask for details.

All espresso made with double shots.

Espresso	
Americano	
Long Black	
Cortado	
Flat White	
Latte	
Cappuccino	
Batch Brew Filter	All 2.90
Vanilla Latte	+0.30
Mocha	+0.90
Aeropress	3.20
French Press	6.00
V60	3.50
Oat Milk	+0.50

Filter & Pour-Over

Ask your Barista for our current guest coffee

Hot Drinks

Prana Masala Chai	3.20
Prana Turmeric Chai	3.20
Dirty Chai	4.00
(Chai with single shot of espresso)	
Babyccino	1.50
Hot Chocolate	3.00

Pump Street Hot Chocolate

75% Single Origin Madagascar

Iced Drinks

Iced Latte	3.40
Iced Chai	3.40
Iced Americano	3.10

Loose Leaf Tea

English Breakfast

The classic breakfast tea blend

Earl Grey

Rich & aromatic

Peppermint

Calming & uplifting

Japanese Sencha Green

One of the most well-loved teas in Japan

Organic Rooibos

Warming & creamy vanilla notes

Lemongrass Ginger

Naturally sweet & invigorating

Bora Bora Fruit Blend

Intense fruity concoction

Chamomile Blossoms

Heavenly floral taste

First Flush Darjeeling

Beautifully balanced black tea

All 2.50

Cold Drinks

Pure Orange Juice	2.80
Sparkling Water	2.20
Bottled Water	1.50

Cawston Press:

Rhubarb	
Elderflower	
Apple	
Ginger Beer	All 1.80

The Bucha's Dog Kombucha:

Green Tea	
Black Tea	
Hoptimist	
Haymaker	All 3.00

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